FAMOUS SINCE 1996
MANO'S
TEDDER AVENUE

Menu

AVAILABLE Monday - Thursday 3pm til late **Friday - Saturday - Sunday** 12pm til late

ASIAN

Dynamite Prawns - cos lettuce, lemon, sesame, spring onion, coriander & chilli 34

Duck Pancakes - shredded duck, steamed pancakes, cucumber, coriander & hoisin sauce (5) 28

Bao

Sticky Pork Bao
slaw & sriracha mayo (1) 15 (2) 27

Dynamite Prawn Bao
slaw, chilli & sesame (1) 15 (2) 27

Sticky Fried Cauliflower Bao
slaw, chilli & sesame (VG) (1) 13 (2) 23

Spring Rolls
Prawn & chilli (4) 24
Duck & coriander (4) 24
Vegetable & chilli (V) (4) 19

Miso Corn Ribs - butter roast corn ribs, parmesan, chilli & coriander (V) 16

MANO'S FAVOURITES

Fish & chips with tartare sauce (GF) 35
Mano's KFC - Korean fried chicken, spicy OR sweet & salty (GF) 31
Chilli squid, spring onion, lemon & aioli (GF) 28
Spiced cauliflower wings with tomato relish (V) 24

BURGERS All served with fries. *Gluten free bun available +$3

Mano's the lot - beef patty, bacon, lettuce, tomato, onion, fried egg, beetroot, cheese & ketchup 34

Bacon cheese - beef patty, lettuce, tomato, onion & ketchup 33

Chicken - Korean spiced chicken, apple slaw & aioli 31

Mush-Shroom - panko crumbed mushroom, fried onion, rocket, blue cheese sauce & aioli (V) 30

+ Beef or chicken patty $8

WINGS (GF)

JD BBQ sauce 28
Mano's hot buffalo with blue cheese sauce 28
Honey & soy 28

ROLLS *Gluten free bun available +$2

Bug roll - brioche bun, tempura moreton bay bug meat, baby gem, pickled onion, fresh chilli & sriracha mayo (1) 16 (2) 29

Prawn roll - brioche bun, tempura prawns, baby gem, pickled onion, fresh chilli & sriracha mayo (1) 15 (2) 27

SLIDERS *Gluten free bun available +$2

Trio of Sliders 29

Wagyu Beef – cheese, lettuce, tomato, onion & ketchup 11

Chicken – Korean spiced chicken, apple slaw & aioli 11

Mush-Shroom – panko crumbed mushroom, fried onion, rocket, blue cheese sauce & aioli (V) 11

PIZZA *Gluten free base available +$5

Gamberi prawn garlic, chilli, mozzarella & basil 36

Duck hoisin, pulled duck, chilli, spring onion, coriander, mozzarella & sesame seeds 36

Prosciutto blue cheese, pear, candied walnuts, mozzarella & rocket 35

Mano's supreme tomato, sliced pepperoni, onion, peppers, mushrooms, olives, mozzarella & rocket 35

Pepperoni tomato, mozzarella, pepperoni, bocconcini, rocket & basil 34

BBQ chicken mozzarella, peppers, cherry tomatoes & onion 34

Hawaiian tomato, mozzarella, ham & pineapple 31

Vego tomato, rocket, peppers, onion, cherry tomatoes, mozzarella, mushrooms & olives (V) 30

Margherita tomato, mozzarella & basil (V) 29

Garlic parmesan, mozzarella & herbs (V) 28

TACOS – SOFT SHELL (NAKED ALSO AVAILABLE)

Mixed 3 x tacos 29

Beef brisket - baby gem & pico salsa (1) 12 (2) 21

Fried fish - baby gem, chilli, pickled onion & coriander (1) 12 (2) 21

Chicken - corn salsa, baby gem, sour cream, pickled chilli & spring onion (1) 12 (2) 21

Vego tacos available on request

SALADS

Mexican bowl - pico di gallo, corn salsa, pickled onion, chilli, chipotle, coriander & tortilla (V) 23

House salad - fresh seasonal leaves, cherry tomatoes, olives, red onion with honey, lemon & olive oil dressing (GF) (V) 20

SALAD ADD ON'S

Grilled prawns (GF) 12
Squid (GF) 12
Beef brisket (GF) 12
Fried fish (GF) 12
Slow cooked chicken (GF) 9
Mushroom (V) 8

SIDES

Sweet potato fries & chipotle (GF) 17
Rustic fries & aioli (GF) 16

KIDS MEALS

Cheese burger & chips 23
Tempura fish & chips 21
Chicken & chips 21

P: (07) 5526 4022

Tedder Ave, Main Beach **#manostedderave**

Public holiday surcharge 15%

Everyone is a local at Mano's