



Menu

AVAILABLE Monday - Thursday 3pm til late Friday - Saturday - Sunday 12pm til late

ROLLS

Bug roll - brioche bun, tempura moreton bay bug meat, baby gem, pickled onion and sriracha mayo (GF) (1) 9 (2) 17

Soft shell crab roll - brioche bun, tempura soft shell crab, baby gem, pickled ginger and wasabi mayo (GF) (1) 9 (2) 17

WINGS

JD BBQ sauce 17
Mano's hot buffalo and blue cheese sauce 17
Honey and soy 17

*Gluten free available

BAOS

Tempura sweet potato - pickled slaw and chilli (Vegan & V) (1) 6 (2) 13

Pork - naked slaw, pickled cucumber and char siu (1) 7 (2) 15

Tempura prawn - pickled chilli, baby gem, coriander and sriracha mayo (1) 8 (2) 17

SHARE PLATES

Chilli squid, spring onions, szechuan pepper with aioli (GF) 18

Fish and chips with tartare sauce 29

Mano's KFC - Korean fried chicken, spicy or sweet and salty 24

Mano's sticky ribs of the day 24
Tempura vegetables (V) 18

Spring rolls

Prawn and chilli (4) 18

Duck and coriander (4) 16

Vegetable and chilli (V) (4) 13

BURGERS

Bacon cheese - lettuce, tomato, onion, ketchup and mayo (GF) 22

Pulled pork - green chilli slaw and pickled onion (GF) 23

Chicken - Korean fried chicken, Asian slaw, crispy shallots, spicy or sweet and salty sauce 24

Mano's the lot (GF) 24

TACO'S - SOFT SHELL

Pulled pork - shredded lettuce and corn salsa (1) 6 (2) 11

Fried fish - tomato salsa, chilli and pickled onion (1) 7 (2) 13

Chicken - corn salsa, cheddar, tomato and pickled chilli (1) 6 (2) 11

Mixed 3 x taco's 18

SIDES

Rustic fries and aioli (GF) 12

Sweet potato fries and chipotle (GF) 12

House salad (GF) 14

PIZZA

Margarita tomato, mozzarella and basil (V) 21

Garlic potato, ricotta, spicy Italian sausage, parmesan and herbs 23

Vego squash puree, zucchini, peppers, onion, cherry tomatoes, ricotta, smoked olives, drizzled chilli oil (V) 24

Mano's supreme tomato, sliced pepperoni, onion, peppers, mushrooms, olives and mozzarella 26

Gamberi prawn tomato, prawns, mozzarella, aioli, prosciutto and rocket 28

Pepperoni tomato, pepperoni, bocconcini, rocket and basil 24

BBQ chicken mozzarella, peppers, cherry tomatoes and onion 25

Duck hoisin, pulled duck, chilli, spring onion, pickled onion and sesame seeds 28

Hawaiian tomato, ham and pineapple 22

KIDS MEALS

Tempura fish and chips 15

Chicken and chips 15

Cheese burger and chips 17

P: (07) 5526 4022

Tedder Ave, Main Beach #manostedderave f

Everyone
is a local
at Mano's



WINE

All wines 150ml + Champagne 150ml (all vintages will change please check with your waiter to confirm)

SPARKLING WINE & CHAMPAGNE

Dunes + Greene NV <i>Eden Valley, SA</i>	11
Jansz Brut NV <i>Tasmania</i>	12 62
Moët + Chandon, <i>France</i>	120
Chandon Brut, <i>Australia</i>	48

WHITE BLENDS

Vasse Felix CDW <i>Margaret River, WA</i>	10 46
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Riesling

West Cape Howe <i>Mount Barker, WA</i>	10 46
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Sauvignon Blanc

Mano's SSB, <i>SA</i>	5 30
Nautilus Estate <i>Marlborough, NZ</i>	52
Saint Clair Family Estate <i>Marlborough, NZ</i>	10 46

Chardonnay/ Unwooded

Heggies Estate <i>Eden Valley, SA</i>	60
Yalumba Estate Organic Chardonnay <i>Barossa Valley, SA</i>	9 40

Pinot Gris/Pinot Grigio

Opawa (Gris) <i>Marlborough, NZ</i>	10 46
Smith + Hooper (Grigio) <i>Wrattonbully, SA</i>	10 46

RED BLENDS

Mano's Cabernet Merlot <i>Barossa, SA</i>	5 30
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Wirra Wirra 'Church Block' <i>McLaren Vale, SA</i>	11 50
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Alamos Malbec <i>Mendoza, Argentina</i>	10 46
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Rose

Famile Perrin Reserve <i>Cotes Du Rhone, France</i>	12 55
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Pinot Noir

Saint Clair Family Estate <i>Marlborough, NZ</i>	10 46
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Cabernet Sauvignon

Jim Barry 'The Cover Drive' <i>Clare Valley, SA</i>	12 55
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Shiraz

Yalumba Estate Organic <i>Barossa Valley, SA</i>	9 40
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Dandelion 'Lionheart' of the Barossa <i>Barossa Valley, SA</i>	11 50
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Merlot

Smith + Hooper <i>Wrattonbully, SA</i>	9 40
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COCKTAILS

Espresso martini

Vodka	18
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Café Patron	23
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Butterscotch, coffee and sugar syrup

Margarita

Tequila	18
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Silver Patron tequila	28
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Cointreau, lime juice & salted rim

Mojito

Mojito	18
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Bacardi, sugar, lime, mint and soda

Long island ice tea	20
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Vodka, Gin, Bacardi, Cointreau and tequila and lemon juice

Cosmopolitan	18
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Vodka, Cointreau and cranberry juice

Amaretto sour	18
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Amaretto, egg white, lemon juice and cherry

Pina colada	18
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Bacardi, Malibu, coconut cream and pineapple juice

Lychee sour	18
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Lychee liqueur, vodka, cranberry and lime juice, egg whites

Aperol spritz	18
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Champagne, Aperol, orange slice and soda water

Mai tai	18
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Spiced rum, white rum, Cointreau, orange, lime and pineapple juice

French martini	18
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Vodka, Chambord and pineapple juice

Whiskey sour	18
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Whiskey, lemon juice and egg white

Passionfruit Caprioska	18
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Vodka, passionfruit pulp, lime, sugar and soda

Martini	18
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Gin OR Vodka and extra dry Cinzano

Flower Power	20
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Ink gin, peach schnapps, mango puree and soda water

Draco sour	18
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Malfy Rosa gin, egg whites, cranberry juice, lemon juice and sprinkles